April 9, 2019PRESS RELEASE

FOR IMMEDIATE DISTRIBUTION

CONTACT: Wendy Law, Human Resource Director (770)467-4224

SPALDING COUNTY RECEIVES ACCG HEALTH PROMOTION AND WELLBEING GRANT

Spalding County has received an ACCG Health Promotion and Wellbeing Grant in the amount of \$6,500.00. Spalding County is one of 44 members to receive the Health Promotion and Wellbeing Grant based on its commitment to employee health and demonstrated collaboration with other community groups and organizations engaged in health promotion.

"A successful wellness program is designed to encourage healthy lifestyles, which helps to control health care costs and contribute to a happier, more productive workforce," said Douglas County Commissioner and President of ACCG – GHBP Board of Directors, Michael Mulcare. "Wellness programs greatly benefit employees, their families and the employer – everyone benefits."

The Health Promotion & Wellbeing Grants are awarded statewide to members that are undertaking health and wellness initiatives to transform their living and working communities into healthier environments. The grants are to provide assistance in promoting worksite programs designed to enhance the health and wellness of county employees and family members.

Wellness programs have a reliable track record of improving employee health and quality of life while reducing medical claims and improving workplace morale. Spalding County encourages our employees to adopt a healthy lifestyle and assist by providing training classes and group activities.



Pictured are the members of the Spalding County Safety/Wellness Committee and ACCG Personnel.