



Kathleen Toomey MD, MPH, Commissioner | Brian Kemp, Governor

Olugbenga Obasanjo, MD., PhD, MPH, MBA
District Health Director
301 Main Street, LaGrange, GA 30240
Phone: (706) 845-4035 • www.district4health.org



News Release
March 25, 2020
5:30 p.m.

Contact: Hayla Folden
706-302-6707

COVID-19 CASE COUNT IN DISTRICT 4

LaGrange, Ga. –There are 76 confirmed cases of COVID-19 in District 4. There will continue to be more positive cases with additional testing taking place. Confirmation of cases does not change public health recommendations for all residents. Please follow local shelter in place ordinances to slow the spread of COVID-19. If your county does not have a Local Ordinance in place, please follow CDC guidance.

County	Number of Positive Cases
Butts	3
Carroll	50
Coweta	10
Fayette	12
Heard	1
Henry	20
Lamar	3
Meriwether	1
Pike	0
Spalding	10
Troup	7
Upson	0

“We know you’re concerned. So are we. That’s why we are asking you to please protect yourself and our community from this virus. You can do that by observing all social distancing recommendations by the CDC,” said District 4 Health Director, Dr. Obasanjo. “The numbers are not as important as our actions to protect ourselves and the vulnerable in our community. Focus on prevention. That’s how we’ll slow – and eventually stop – the spread. As a community we will overcome this pandemic.”

All Georgians play a critical role in helping to slow the spread of COVID-19 by adhering to the following guidance:

- Practice social distancing by putting at least 6 feet between yourself and other people.
- Avoid close contact with people who are sick.
- Stay home if you are sick.
- Wash your hands frequently and thoroughly with soap and water.
- Use an alcohol-based hand sanitizer if soap and water are not available.

Serving Butts, Carroll, Coweta, Fayette, Heard, Henry, Lamar, Meriwether, Pike, Spalding, Troup, and Upson Counties

- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid touching your eyes, nose and mouth with unwashed hands.

According to federal and state health officials, people who do not have symptoms of COVID-19 do not need to be tested. Additionally, most people who are mildly or moderately ill with “cold-like” symptoms do not need to be tested. The majority of people with COVID-19 can safely recover at home with self-isolation and symptomatic treatment. Diagnosis through laboratory testing does not change the care that they would receive. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 and should always consult their healthcare provider if they are sick.

The Centers for Disease Control and Prevention (CDC) has issued revised guidance on COVID-19 recovery. The most important step in containing COVID-19 is that people who are sick with mild respiratory symptoms – fever and cough – should stay home and isolate themselves from others for at least seven days after their symptoms began or 72 hours after their fever has resolved and symptoms have improved. If you have been exposed to an individual with COVID-19, you must self-quarantine for 14 days and monitor for symptoms. Correctly washing your hands and maintaining social distance by avoiding large gatherings and close contact with people who are sick are two of the easiest ways to prevent the spread of COVID-19.

For accurate and reliable information about COVID-19 log on to <https://dph.georgia.gov/novelcoronavirus> or <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

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District 4 Public Health is dedicated to preventing disease, promoting health and protecting our communities against health threats through education, service, advocacy and collaboration. District 4 Public Health serves people of all classes and economic status within Butts, Carroll, Coweta, Fayette, Heard, Henry, Lamar, Meriwether, Pike, Spalding, Troup and Upson counties. Fees are based on income for those without insurance. For more information about District 4 Public Health, visit www.district4health.org.